

# Sample Menu

Sunday, January 5<sup>th</sup>

## **Lunch**

Tomato Florentine Soup, Honey Dijon Carved Ham, HF Herb Roasted Chicken, Thighs, Macaroni and Cheese, Whipped Potatoes/Gravy, Asparagus Cuts, Lima Beans with Pimento

## **Dinner**

Vegetarian Vegetable Soup, Italian Cold Cuts and Cheese, Sub Sandwich, Potato Salad, HF Stuffed Cabbage Roll, Kernel Corn, Dinner Roll, Rice Krispie Treat

Monday, January 6<sup>th</sup>

## **Lunch**

Beef Vegetable Soup, Baked Tortellini with Alfredo Sauce, Italian Salad, Garlic Bread, HF Turkey and Swiss on Rye, Sweet and Sour Coleslaw

## **Dinner**

Chicken Rice Soup, Boneless Smothered Pork Chop, HF Grilled Salmon with Dill Sauce, Caraway Roasted Potatoes, Whipped Potatoes with Gravy, Harvard Beets, Seasoned Green Beans

## **Dinner Special**

Patty Melt

# Sample Menu

Tuesday, January 7<sup>th</sup>

## **Lunch**

Corn Chowder, Hot Dog on Bun, Corn Nuggets, HF Crumb Topped Cod, Steamed Broccoli Spears, Cheese Biscuit

## **Dinner**

Garden Basket Tomato Soup, Beef Pot Roast Served with Celery & Carrots & Onions, HF Braised Chicken Thighs with Potatoes, Whipped Potatoes with Gravy, Succotash,

## **Daily Special**

Crispy Tilapia Sandwich

Wednesday, January 8<sup>th</sup>

## **Lunch**

Potato Bacon Chowder, Philly Cheese Steak, Oven Baked French Fries, HF Spaghetti with Turkey Meatballs, Tuscan Vegetables, Garlic Breadstick

## **Dinner**

Chili or Chef's Choice Soup, Stuffed Green Peppers, HF Roast Turkey Breast with Gravy, Cornbread Stuffing with Gravy, Whipped Potatoes with Gravy, Sliced Carrots with Parsley, Peas with Pearl Onions

## **Dinner Special**

Penne Pasta with Meat Sauce

# Sample Menu

Thursday, January 9<sup>th</sup>

## **Lunch**

Chili, Chicken ala King/Biscuit, Seasoned Green Beans, HF Grilled Ham and Cheddar on Pretzel Bun, Triple Orange Gelatin Salad

## **Dinner**

Turkey Noodle Soup, Country Fried Steak with Cream Gravy, HF Teriyaki Shrimp over Rice, Whipped Potatoes/Gravy, Cream Style Corn, Broccoli Florets

## **Daily Special**

Southwest Grilled Chicken Sandwich

Friday, January 10<sup>th</sup>

## **Lunch**

New England Clam Chowder, Chicken Asiago Onion Quiche, Roasted Potato Wedges, Broccoli Cauliflower Salad, HF Tuna Noodle Casserole, Seasoned Peas

## **Dinner**

Corn Chowder, Braised Pork Ribs with Sauerkraut, HF Orange Ginger Tilapia, Whipped Potatoes with Gravy, Creamy 4 Cheese Macaroni, Stewed Tomatoes, Brussels Sprouts with Bacon

## **Dinner Special**

Crab Salad Pita

# Sample Menu

Saturday, January 11<sup>th</sup>

## **Lunch**

Navy Bean Soup, Breeze Burger on Multi Grain Bun with Lettuce Tomato Onion & Pickle, Potato Chips, HF Hot Shaved Turkey and Havarti Cheese on Croissant, Greek Vegetable Salad

## **Dinner**

Chicken Noodle Soup, Roast Beef Au Jus, HF Parmesan Turkey Cutlet, Whipped Potatoes with Gravy, Brown Sugar Glazed Carrots, Wax Beans with Bacon