

# "Breakfast at Wildflowers"

"GOOD MORNING AND WELCOME TO WILDFLOWERS!"

## Eggs Any Style

We'll fix 'em how you like 'em! Two eggs any style prepared to order Served with hash brown potatoes choice of toast with preserves and bacon strips or sausage links.

Two Eggs - \$5.95      One Egg - \$4.25

## Build Your Own Omelet

A three egg omelet prepared with any combination of ingredients featuring diced ham, diced onions, green peppers, Cheddar cheese, mushrooms or bacon bits. Accompanied by hash browns and a choice of toast and preserves.

\$6.50

## Smoked Alaskan Salmon Eggs Benedict

A WILDFLOWERS upgrade to a traditional favorite! Delicate smoked Alaskan salmon layered on a toasted English muffin half topped with a poached egg and sauce Béarnaise.

\$5.75

## Hillside Waffle with Wild Berries

A fluffy Belgian beauty prepared with fresh seasonal berries topped with a dollop of whipped cream. Presented with your choice of bacon, or sausage links.

\$5.75

## WILDFLOWERS Breakfast Crepe

House made crepe delicately layered with reduced fat whipped cream cheese and fresh strawberries. Served warm with a sugar free topping, roasted pecans, and wild berry coulis.

\$6.25

## The Morning Songbird...

Fresh seasonal fruits artfully arranged to display nature's beautiful pallet of sunrise colors! Garnished with a splash of fruited yogurt and fresh baked muffin, it'll have you singing like the morning songbird!

\$6.50

## Illinois Ham Steak and Eggs

Hand carved smoked ham steak griddle cooked and presented with two farm fresh eggs cooked to order. Accompanied with hash browns and your choice of toast and preserves.

\$6.50

## The "Green Plate" Special

Like the blue plate of yesteryear, WILDFLOWERS has gone green with a value priced daily offering sure to make you feel like you are saving the planet! Well at least a few bucks anyway! This special is quite delicious and served on, you guessed it...a green plate!

Only \$4.99

### Hot and Cold Cereal

Assorted cold cereal  
or oatmeal.

\$2.25

### Grapefruit Half

Ruby Red.

\$2.50

### Fresh Baked Muffin

Changes daily.

\$1.95

### Fresh Fruit Cup

\$2.25

### Beverages

\$1.00 a la carte

Your choice of Coffee, Decaffeinated, Milk, Ice Tea, Herbal Tea, Assorted Juices,

ALL WILDFLOWERS BREAKFAST OFFERINGS INCLUDE ONE CHOICE OF TEA, JUICE OR COFFEE AND FRESH BAKED CINAMON ROLLS.

# *“Wildflowers”*

*~ On the Hillside ~*

*“Dedicated to the wellness of earth, body and soul”*

## Soups and Salads for the Soul...

- Soup of the Earth** 3  
Prepared fresh every morning. Always different and delightful! Served in a crock.
- Illinois Tomato and Sweet Pepper Soup** 3  
Ripe tomatoes and sweet peppers simmered with fresh herbs and cream. Served in a crock.
- Great Northern Bean Soup with Honey Glazed Corn Bread** 4  
Warm up to rich crock of house made Northern bean soup. Laced with carrots, celery, sweet onion and plenty of smoked ham, we swerve all up with honey glazed corn bread.
- Join the Club!** 8  
And what a very special club it is! This traditional favorite makes the **WILDFLOWERS** seen with layers farm raised turkey breast, smoked bacon, carved ham and cheese joined by our Hillside lettuce, tomatoes and our newest member of the club...California avocado. Remember, membership has its privileges!
- Grilled California Chicken and Avocado Wrap** 7  
Breast of chicken lovingly grilled and adorned with slices of beautiful California avocado, chiffonade of romaine, cheddar cheese and diced tomato. Presented with a splash of yogurt dressing and rolled in sun-dried tomato tortilla. Served with a fresh fruit garnish.
- WILDFLOWERS Quiche Lorraine** 8  
Our signature quiche is prepared from scratch “deep dish” style every morning with pasteurized eggs, fresh grated Swiss cheese, smoked bacon, light cream, and fresh herbs. “Many say this dish originated in Lorraine, France, but we’re just trying to score points with the boss by naming our food after her”!
- WILDFLOWERS Caesar Salad** 6  
How do you improve on such a classic salad? Give it that special **WILDFLOWERS** love! Prepared with hearts of romaine, fresh grated Parmesan cheese, house baked garlic croutons, and chef prepared Caesar dressing. Add grilled chicken or tiger shrimp for an additional \$2.00.
- Trash Can Salad – Regular or Fruit** 7  
It may sound like garbage but it’s far from ready to be set out on the curb! You will receive your own personal trash receptacle layered with the best 7-layer salad you could ever dream of! Or try our new version with seasonal fruits, crunchy granola and light mixed berry yogurt!  
**We toss it tableside and pick up the refuse when you’re done!**
- WILDFLOWERS Chicken or Tuna Salad** 7  
Your choice of house-made chicken or tuna salad lovingly placed on your choice of bread. Add fresh spinach for something different.

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## And Everything Else...

### **“Home on the Range”**

7

“Where the deer and the antelope play.” Well, maybe there...but here they get cooked on a range! No...just beef! We hand form our Certified Angus Beef patties to order and grill them to your specifications. Add your choice of American, Swiss, Bleu, Cheddar or Jack cheese. Add bacon for fifty cents. **As for the deer and the antelope... you're off the hook!**

### **Mardi Gras Po' Boy**

8

Not your ordinary Po' Boy! Gulf shrimp and bacon marinated with Chef Mark's secret Louisiana spice blend and flat grilled to order. Presented on a toasted hoagie roll dressed With our sweet & spicy mayonnaise and chilled Mardi Gras slaw. A real Southern Beauty!

### **“The Southern Comfort”**

9

Inspired from the warm summer Carolina days among the swaying willow trees, this sandwich boasts slow roasted pork with Carolina barbecue sauce crowned with southern slaw on a toasted bun. Relax and enjoy some southern hospitality!

### **Grilled Chicken and Ratatouille**

10

Grilled breast of chicken lovingly grilled and crowned with classic French ratatouille prepared from scratch and Buffalo style mozzarella cheese. Finished in the oven and presented with toast points.

### **Beef and Broccoli Stir Fry**

10

This Asian classic is prepared to order with crisp broccoli crowns and tender strips of beef tenderloin seasoned with our house-made sauce.

### **Bouquet of Braised Salmon**

9

As delicate as its name, this petite filet of wild caught Alaskan salmon is gently braised in a light vegetable broth until tender and artfully presented with a bouquet of julienne style vegetables and baby grape tomatoes. “Who says fish can't be beautiful”!

### **WILDFLOWERS Quesadilla**

8

Toasted sun-dried tomato tortilla loaded with your choice of grilled chicken or shrimp with baby spinach leaves, julienne of sweet peppers and onions, fire roasted corn and melted Jack and cheddar cheeses. Presented with light sour cream and tangy salsa.

### **The “Green Plate” Special ~ Only \$6.99**

Like the blue plate of yesteryear, **WILDFLOWERS** has gone green with a value priced daily offering sure to make you feel like you are saving the planet! Well at least a few bucks anyway! This special is quite delicious and served on, you guessed it...a green plate!

ALL **WILDFLOWERS** OFFERINGS INCLUDE A CHOICE OF SOUP, COTTAGE CHEESE, FRUIT CUP OR APPLESAUCE AND ONE CHOICE OF TEA, JUICE OR COFFEE.

ALL SANDWICHES ARE SERVED WITH YUKON GOLD POTATO CHIPS.

# *“Wildflowers”*

*~ On the Hillside ~*

## **Just For Kids...**

*~ Choose any item for only \$3.99! ~*

### **Bacon Lettuce and Tomato**

Ripe tomatoes and crisp bacon together with iceberg lettuce on white toast. Served with chips. Not as good as Mom's but close!

### **Macaroni and Cheese**

Very Cheesy!

### **WILDFLOWERS Sliders**

Two little mini burgers served up chips and all the fixins'.

### **Chicken Little**

Fairytales made him famous, but we made him tasty! Boneless strips of chicken fried crisp and served with ranch dip and chips.

### **Mini the Wonder Dog**

This little pup is snuggled up in his own little bun and comes with chips.

### **Grilled Cheese**

You choose the bread and we add the cheese. Served with chips.

**All Items Come With Soda, Juice, Lemonade or Milk...**

*P.S. The Milk is Awesome!*