

Sunday

Breakfast

Asst. Juices & Fruits, Cream of Wheat, Asst. Cereal, Scrambled Egg, Fried Egg, Bacon, Sour Cream Doughnut, Wheat Toast

Lunch

Pork Schnitzel with Spaetzel, Roast Beef Au Jus, Whipped Potatoes/Gravy, German Style Red Cabbage, Spinach Soufflé, Greek Salad, Sweet Potato Pie, Parker House Roll

Dinner

Turkey Noodle Soup, Sweet n Sour Meatballs, Rice, Parsley Carrots, Dinner Roll, Tuna Salad on Whole Wheat, Bow Tie Cesar Pasta Salad, Chunky Applesauce, Assorted Cookies

Monday

Breakfast

Asst. Juices & Fruits, Oatmeal, Asst. Cereal, Round Waffle/Syrup, Scrambled Egg, Bacon, Wheat Toast

Lunch

Ham & Bean Soup, Grilled Cheese w/Bacon & Tomato, Broccoli Raisin Salad, Fried Catfish, Sweet n Sour Coleslaw, Stewed Tomatoes, Corn Bread, Mandarin Orange & Pineapple

Dinner

Chicken Cacciatore, Baked Meatloaf w/Brown Gravy, Garlic Butter Pasta Shells, Whipped Potatoes/Gravy, Peas & Turnips, Cauliflower, Fresh Spinach Salad, Peach Pie, Bistro Dinner Roll

Tuesday

Breakfast

Asst. Juices & Fruits, Cream of Wheat, Asst. Cereal, Scrambled Egg, Fried Egg, Grilled Ham/Ham Patty, Cinnamon Raisin Biscuit w/Honey, Wheat Toast

Lunch

Turkey Vegetable Soup, Crab Cake/Seafood Sauce, Macaroni & Cheese, Crescent Roll, Sloppy Joe on Bun, Tater Tots, Zucchini & Red peppers, Fresh Grapes

Dinner

Boneless Smothered Pork Chop, Carved Turkey Breast, Stuffing with Gravy, Whipped Potatoes and Gravy, Harvard Beets, Home Style Green Beans, Cranberry Relish Salad, Banana Pudding Square, Corn Muffin

Wednesday

Breakfast

Asst. Juices & Fruits, Oatmeal, Asst. Cereal, Pancakes & Syrup, Scrambled Egg, Sausage Links, Wheat Toast

Lunch

Chicken Gumbo, Shaved Turkey Ham & Dilled Cheese on Flatbread, Oven Baked Seasoned Potatoes, Chicken & Sausage Stew/Noodles, Italian Blend Vegetables, Garlic Bread Stick, Sliced Pears

Dinner

Carved Corned Beef, Roasted Cod with Basil & White Wine, Parsley Boiled Potatoes, Whipped Potatoes/Margarine, Fresh Green Cabbage, Crinkle Cut Carrots, Peach Half/Cottage Cheese, Frosted Apple Spice Cake , Marble Rye Bread

Thursday

Breakfast

Asst. Juice & Fruits, Cream of Rice, Asst. Cereal, Cream Cheese Scrambled Egg, Scrambled Egg, Hash Brown Potato Patty, Bacon, Apple Cinnamon Scone, Wheat Toast

Lunch

Broccoli Cheese Soup, Turkey Pot Pie, French Style Green Beans, Bratwurst w/ Hot Mustard & Kraut on Bun, German Potato Salad, Ambrosia Fruit Cup

Dinner

French Onion Salisbury Steak, Artichoke Chicken, Baked Potato/Sour Cream, Whipped Potatoes/Gravy, Acorn Squash with Apples, Snap Peas, Caesar Salad, Fruits of the Forest Pie, Romano Swiss Dinner Roll

Friday

Breakfast

Asst. Juices & Fruits, Oatmeal, Asst. Cereal, Poached Egg, Scrambled Egg, Sausage/Patty Gravy, Biscuits, Wheat Toast

Lunch

Minestrone Soup, Cheese Cube Fruit Plate, Harvest Muffin, Sesame Chicken & Broccoli Stir Fry, Steamed Rice, Egg Roll, Sliced Peaches

Dinner

Braised Beef & Veggies, Stuffed Pollock, Noodles with Garlic Oil, Whipped Potatoes/Marg., Roasted Corn & Peppers, Seasoned Broccolini, Apple Slaw Salad, Peanut Butter Cake, Yeast Dinner Roll

Saturday

Breakfast

Asst. Juices & Fruits, Grits, Asst. Cereal, Scrambled Egg, Cheese Omelet, Fried Potatoes, Bacon, Raisin Toast, Wheat Toast

Lunch

Mushroom Barley Soup, Chicken Tenders, Ginger Carrots, Egg Salad on WW L.T., With Potato Chips, Pickled Beet Salad, Apricot Fruited Gelatin

Dinner

Spaghetti & Meatballs, Pork Tenderloin with Bourbon Glaze, Baked Sweet Potato, Whipped Potatoes/Gravy, Peas, Buttered Rutabagas, Italian Marinated Veg. Salad, Lemon Crème Shortcake, Garlic Bread